

Healthy Cookies

Ingredients

- 2 Bananas (About 140g) - 2 bananas mashed
- 2 tbsp - vegetable oil
- 3 tbsp - maple syrup
- 2 Cups (about 200g) - Healtheries GF Protein Crunchy Cereal
- 3 tbsp - Vanilla Essence

Method

1. Preheat oven to 160 degrees Celsius
2. Combine all ingredients and form into 12 cookies
3. Bake for about 12 to 15 minutes
4. Switch off the oven and leave cookies in the oven to dry for half an hour before serving

